

**VMCC Wray Run 16<sup>th</sup> May 2026**

**Long Route via Dent**

Follow the arrow at the junction - **Not all junctions are shown, if not, stay on your road!**

#	Miles	Direction	Signpost	Place	#	Miles	Direction	Signpost	Place
1	0.0		No sp	Bridge House	2	3.2		No SP	Eskew Lane Puch Bowl Hotel
3	4.7		Bentham Golf Club (brown sp)	Bentham Co-Op	4	7.8		STOP No SP	Onto A65
5	8.4		Thornton-in-Lonsdale Dent		6	8.7		No SP	Halsteads Hall
7	8.8		No SP		8	8.9		Dent 9	The Marton Arms
9	17.9		Gawthorp ¾ Sedberg 6		10	24.0		M'Way M6 L'caster Kendal	Busk Lane Sedberg
11	24.5		Kendal A684 K Lonsdale Lancaster	Fuel on left	12	24.7		Kirkby Lonsdale Lancaster A683	Fuel at Casterton
13	34.5		Skipton Ingleton A65	Kirkby Lonsdale	14	34.7		Lancaster A683 M6 Hornsby, Caton	
15	39.6		Wennington 1½ Bentham 4½	Lodge Lane, Melling	16	41.0		Lancaster 12 Morecambe 15 Wray 2	
17	41.1		No SP Old Moor Rd	Wen'ton Railway Station	18	42.3		Millhouses 1 Wray 2	Russells Lane
19	43.3		Wray 1½ Lancaster 11		20	44.4		Finish	Bridge House Farm
Please Sign Off									